



Family day with Kasimir the herb man

Together with the parents, we will start off the holiday week with an exciting family hike along the Gaisbach stream in Ehrwald. There, we will meet Kasimir the herb man, who will introduce us to his friends in the Tiroler Zugspitz Arena - Zugspitz, Moosle, Horsti & Castor. Would you like to meet the cheeky Zugspitz pals and go exploring together? Then join us for a week packed with adventures, fun and games with lots of new friends. Kasimir can't wait to meet you!

Meeting point: 9.00 a.m. Confetti Alm Ehrwald
End: 3.30 p.m. Confetti Alm Ehrwald
Costs: € 25.00 for non-partner businesses

After the joint family hike in the morning including arriving, getting to know each other, being active in nature and family carving, you will be split into two groups - the children's programme with Kasimir the herb man and his friends, and the youth programme with the Zugspitz gladiator. Here, you can look forward to adrenaline-fuelled action in the magnificent mountain world of the Tiroler Zugspitz Arena.

Youth programme Zugspitz Gladiator

Today our fitness guide Robin will take you out on the exciting archery course in the Buchenwald forest or to the new active mile on the panoramic walk with many challenging stations to test your strength and abilities.

Meeting point: 10.00 a.m. Bergsport Total Ehrwald
End: 3.00 p.m. Bergsport Total Ehrwald
Costs: € 25.00 for non-partner businesses



Visiting the llamas

Today, we will visit the fluffy and curious llamas in Biberwier, the home of Castor the beaver. Together with Kasimir and Castor, we will then meet Line the bee, who is busy collecting honey. What flowers are blooming there? What do bees do? Where does honey come from? If you would like to find out more about llamas, bees, flowers and meadows, come along with Kasimir, Castor and Line the bee.

Meeting point: 9.00 a.m. Confetti Alm Ehrwald
End: 3.30 p.m. Confetti Alm Ehrwald
Costs: € 25.00 for non-partner businesses



A journey of discovery in the Lusspark

There is a lot to discover in the Lusspark adventure playground. We will have a go at being water explorers and discover the industrious little inhabitants of the pond. Wendelin the water flea will show us his home. What creatures live in the Tyrolean waters? We will explore the underwater world with magnifying glasses. Afterwards, we will let off steam together in the adventure playground. Whether it's Moosle's climbing park, slides, flying fox or swings, there's plenty on offer here. Come and discover the Lusspark with Moosle.

Meeting point: 9.00 a.m. Confetti Alm Ehrwald
End: 3.30 p.m. Confetti Alm Ehrwald
Costs: € 25.00 for non-partner businesses

Youth programme Zugspitz Gladiator

Wednesday is climbing day – after the fitting and explanation of the climbing gear, we will set off with our mountain guides and climbing instructors to the Häselgöhr waterfall. A fixed-rope route, abseiling, climbing and a flying fox await you here. After a short break at the waterfall, we will head to the tipi camp in the Moos, where you can relax and go slacklining and geocaching in the forest. Fun-filled adventures are guaranteed.

Meeting point: 10.00 a.m. Bergsport Total Ehrwald
End: 3.00 p.m. Bergsport Total Ehrwald
Costs: € 45.00 for non-partner businesses



On a voyage of discovery in the enchanted forest

Today, we will explore the forest and collect fresh herbs together with Kasimir and his friend, the big bear. You can make all kinds of things from daisies, dandelions and nettles - what about nettle crisps? Who are the inhabitants of the enchanted forest? How do you build a shelter in the forest? And what is a forest ball track? If you are curious to find out, then join Kasimir the herb man and his friends on a journey through the enchanted forest in Berwang.

Meeting point: 9.00 a.m. Confetti Alm Ehrwald
or 10.00 a.m. B-Active Center Berwang
End: 3.30 p.m. Confetti Alm Ehrwald
or 2.45 p.m. B-Active Center Berwang
Costs: € 25.00 for non-partner businesses



Kasimir's herbal workshop

In Kasimir's herbal workshop, we will craft and tinker all kinds of objects, after which delicious herbal pralines with a green magic potion will be served. Everything is homemade. Mhmm, that is really tasty.

On the final day, we will hike together across blooming meadows and alpine pastures to the Ganghofer Hütte mountain cabin. In the herbal workshop, Kasimir the herb man will show us how to make our own herbal salt, meadow lemonade and herb butter. You can surprise your parents and friends at home with these delicious treats. We will round off our exciting holiday week around a campfire with homemade bread and our herbal delicacies. And we have saved the best for last: at the end of the week, you will officially be an „Excellent Nature Observer“. Come and collect your certificate!

Meeting point: 9.00 a.m. Confetti Alm Ehrwald
End: 3.30 p.m. Confetti Alm Ehrwald
Costs: € 25.00 for non-partner businesses

Youth programme Zugspitz Gladiator

Today, we will set off on an adventurous hike together with our fitness coach Robin, along the wild stream, over hill and dale, to the Ganghofer Hütte mountain cabin. There, at the end of the week, you can train and take part in a competition in our own gladiator course. After breaking a sweat, we will round off the week around a cosy campfire. Come and be a part of the Zugspitze Gladiator!

Meeting point: 10.00 a.m. Bergsport Total Ehrwald
End: 3.00 p.m. Bergsport Total Ehrwald
Costs: € 35.00 for non-partner businesses



CHILDREN'S & YOUTH PROGRAMME

05.07. - 12.09.2021 &
04.10. - 15.10.2021

KASIMIR THE HERB MAN

in the Tiroler Zugspitz Arena

High up in the Tiroler Zugspitz Arena lives Kasimir the herb man. Kasimir is a quiet but mischievous little fellow. He usually wears knickerbockers and a hat, and carries a basket on his back and a large walking stick. He decorates his hat with his favourite herbs. He always brings his basket along as he is sure to find herbs that he can use - for ointments, tinctures, juices, tea, soaps, or simply to eat.



Would you like to accompany Kasimir on his herb hikes and also get to know his friends in the Tiroler Zugspitz Arena - Zugspitzi, Moosle, Horsti & Castor? Then come along with us and discover the world of meadows, water, forests and herbs.

*“Heal, heal, little herbs,
all will be well again soon.
Heal, heal with the power
that you have inside you.
Heal, heal little herbs,
you will make everything
better again.”*

CHILDREN'S PROGRAMME

For **children from 4 to 9 years of age**, the Tiroler Zugspitz Arena, as a partner region of the Tiroler Familienester, offers a **free children's programme** with lots of fantastic outdoor adventures and exciting games.

Information & registration:

Please register the day before by 6 p.m. at:
Sinneswelten
Tel. +43 664 4374884
kontakt@sinneswelten.at
www.sinneswelten.at

Who can take part?

Children between 4 and 9 years of age. Free admission for children of guests of partner companies (non-partner businesses: € 25.00 per child/day, € 15.00 from the 2nd child).

What to bring:

- good, sturdy shoes
- suitable clothes for the weather
- sun/rain protection
- headwear
- backpack incl. snacks and drinks (lunch not included)

In the case of bad weather:

In bad weather, an alternative programme will take place in the Confetti Alm in Ehrwald, and at the B-Active Centre in Berwang on Thursday.



YOUTH PROGRAMME

For **children from the age of 10**, the Tiroler Zugspitz Arena offers an **exciting youth activity programme** with archery, climbing, abseiling, obstacle courses and much more besides.

Information & registration:

Please register the day before by 6 p.m. at:
Bergsport Total
Tel. +43 5673 3000
info@bergsport-total.at
www.bergsport-total.at

Who can take part?

Children from the age of 10. Free of charge for partner companies (non-partner businesses subject to payment of a fee).

TIROLER
ZUGSPITZ
ARENA

CHILDREN'S & YOUTH PROGRAMME

SUMMER 2021



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